

A serene sunset over a beach. The sun is low on the horizon, creating a bright, golden glow that reflects on the water and sand. The sky is a mix of soft oranges and yellows. In the foreground, the silhouettes of two people are visible walking along the shoreline. The overall mood is peaceful and contemplative.

Inner Discovery Workshop

Reconnect within...

a journey of discovery
to know your inner self

"The future is not something one travels to, it is something that one must build."
Hazrat Nader Angha

Soraya Behbehani, M.A. M.F.T.

When: Saturdays 10:00 -11:00am

Phone: 619-920-8892 **Website:** therapyfortoday.com

Location: 5850 Oberlin Drive, Ste. 330 San Diego, CA 92121